

# AN INTRODUCTION TO FUNCTIONAL FLUENCY FOR COACHES

*'This was a really useful session with a perfect balance between explanation and breakout discussion time.'*

*BBC Coach*

Friday 17th June, 1.30pm to 4.30pm



In this practical course, designed for coaches, you will learn how to:

- Create greater awareness for your clients in their relationships with others and themselves
- Provide a pathway to changing ineffective behaviours, saving energy
- Diagnose why clients aren't achieving their goals and use your understanding to ask key questions

**YOUR INVESTMENT: £60 FOR HALF-DAY**

## BOOKINGS

To pay by invoice or PayPal, contact: [valerie@valeriefawcett.co.uk](mailto:valerie@valeriefawcett.co.uk)

For enquiries and further information contact Dave on 07837 023580 or Valerie on 07711 543975

## Workshop Outline

You will use the Functional Fluency model to explore effective and ineffective patterns of behaviour. As a result you will learn how you and your coaching clients can make changes to build constructive working relationships and achieve goals.

This model is already making an impact globally, and is used by coaches to empower individuals, managers, and teams.

***'I was delighted to find out how helpful Functional Fluency is and I now have the means to respond more and react less. I can use this superb model daily to expand my life and thrive in those areas where earlier I didn't. This is the best I've come across as a trained coach and mentor'***

*F.Roe, Coach and Mentor*

## MEET THE PRESENTERS



### DAVID BROWN, DSB TRAINING AND COACHING

I believe everyone has the power to transform behaviours that aren't working well and I use this understanding to support people to achieve better outcomes in their lives at work and at home.

A former teacher in both primary and secondary schools, and now an ILM7 Coach and Mentor and Licensed TIFF Provider, I inspire people to manage their stress, build on their strengths, and reach their goals.

My clients include school leaders, teachers and teaching assistants, as well as business owners, individual life coaching clients, and people working in charities.



### VALERIE FAWCETT, VALERIE FAWCETT ASSOCIATES

I work with people on three main gateways to change: feelings, thoughts and behaviours. I have been a development coach for many years with ILM certificates at levels 5 and 7.

I developed ILM coaching courses for Oxford Brookes University and University of Oxford staff, and I have used Functional Fluency and the accompanying TIFF behavioural profile as a basis for management training.

I now work mainly with individual leaders and managers.

***'We need to understand our own habits and patterns of behaviour and the effects these may have, so we can choose positive and productive ways of relating.'***

**Dr. S. Temple, award-winning creator of Functional Fluency and the TIFF profiling tool**

\*This three hour taster course is live, online and experiential so you can access the training from anywhere in the world. The workshop qualifies as three hours of CPD and all participants will receive a certificate of attendance, as well as 1 year's FREE Functional Fluency [DISCOVERY MEMBERSHIP](#).